



## September — October 2011

Sign up to volunteer for all of these PGE-sponsored events and more on PGE Volunteer Power Tool at [EasyMatch.com/PGEVP](http://EasyMatch.com/PGEVP).



### SOLV Beach and Riverside Cleanup — Sept. 17



Join the fun at the annual SOLV Beach and Riverside Cleanup on Saturday, Sept. 17, at Fort Stevens State Park near Astoria. Register at Picnic Area C, near Coffenbury Lake, between 8:30 and 9 a.m. Projects begin at 9 a.m. after a safety briefing and group photo, and lunch will be served around noon. Bring the whole family — we'll have something for every age and ability to do!

### Volunteer at the Best Dam Run — Sept. 24

Volunteers are needed to help with the 28th Annual Best Dam Run and Walk between 8 a.m. and 12 p.m. on Saturday, Sept. 24. Volunteers will hand out food and water and help with event set-up and take-down. A portion of the proceeds supports the Estacada Youth Soccer Association. For information, contact PGE's Tim Shibahara, 503-630-8234. Sign up to volunteer on the Volunteer Power Tool.

### Defeat ALS with Jim Lobdell — Sunday, Sept. 25

Join Jim Lobdell, PGE vice president of Power Operations & Resource Strategy, as he leads the PGE Power Walkers in the Walk to Defeat ALS, Sunday, Sept. 25. Every 90 minutes a person in this country is diagnosed with ALS (Lou Gehrig's Disease), a progressive neurodegenerative disease that affects nerve cells in the brain and the spinal cord. And every 90 minutes another person will lose his or her life to ALS. Funds raised through the Walk to Defeat ALS, will support patient service programs and cutting-edge research. Consider joining or donating to the team by logging on to the ALS Association site at <http://alsa.org/> search for Oregon walks, and join the PGE Power Walkers in Portland. Every participant who raises at least \$25 receives a 2011 Walk to Defeat ALS(R) T-shirt!

Please sign up on the Volunteer Power Tool AND the ALS site to join or make a donation to the PGE Power Walkers' team. Registration opens the day of the walk at 11 a.m., and the 3 mile non-competitive walk begins at 12 p.m. at the World Trade Center in downtown Portland. Please wear your Volunteer Power T-shirt or contact Rachel DeRosia, 503-464-8599, if you need one.

### Who mentored you?

Most people can point to an influential adult in their lives who helped them become successful. Whether that person is a family member, friend or teacher, most people can identify those individuals who cared about them enough to offer support at critical stages in their lives. Many children aren't born with natural mentors, but there are almost 100 programs in the state of Oregon matching these youth with caring volunteers. Visit [OregonMentors.org/Programs/search/](http://OregonMentors.org/Programs/search/) to complete a quick survey to find a program right for you, or call 503-517-8990.

You might also consider volunteering with one of these organizations:

**Girls, Inc.** — A national nonprofit youth organization dedicated to inspiring all girls to be strong, smart and bold. Girls, Inc. has provided vital educational programs to millions of American girls, particularly those in high-risk, underserved areas.

Small groups of girls ages 10 to 18 and mentors meet as a group at the mentors' workplace for two hours every other week. The program

## Help cure diabetes with Bruce Carpenter — Oct. 2

Join the PGE Power Walkers on Sunday, Oct. 2, at Oaks Park for a leisurely walk to



raise funds for the Juvenile Diabetes Research Foundation. Registration begins at 9 a.m., and the walk starts at 11 a.m. Enjoy food and entertainment before and after the walk. Register under a team captain at JDRF's walk tracker at [www.jdrf.org/oregon](http://www.jdrf.org/oregon), or if you want to volunteer at the PGE Kids Corner tent sign up on the Volunteer Power Tool. The Kids Corner has all sorts of arts and crafts for the kids at the walk, so if you're feeling creative, sign up. This is a fun-filled, family-friendly event!

## Clean up Kale Road — Oct. 6

Grab a friend, a trash bag, and a safety vest (all of which are provided) and help clean up Kale Road in front of our Salem Line Office for an hour or two on Thursday, Oct. 6, between 8 a.m. and 12 p.m. Prepare to do some bending and a little lifting and spend a very satisfying morning cleaning up Kale Road.



## Stay tuned for this year's Employee Giving Campaign Sept. 26 – Oct. 14

**It's going to be a BUCK-a-roo 2!**

### Seven reasons to give during the Employee Giving Campaign:

1. Receive a 50 percent match of your gifts up to \$10,000.
2. Give to any eligible organization.
3. PGE pays 100 percent of the administration fees (except credit card fees).
4. Pay by check, credit card or payroll deduction.
5. Pledge online at [www.easymatch.com/pgegiving](http://www.easymatch.com/pgegiving).
6. If your favorite eligible nonprofit organization isn't on the list, you can add it!
7. You can impact the vitality of your community by giving a little or giving a lot. It all makes a difference.

### New this year:

1. The company matches your gifts up to \$10,000, for a *maximum match of up to \$5,000 per donor*.
2. PGE Foundation will receive the matches to agencies ineligible to receive a match from PGE according to our giving guidelines.

provides the framework and mentors provide learning opportunities and career guidance to the mentees. For more information, visit [girlsincnworegon.org](http://girlsincnworegon.org).

**Minds Matter** — Minds Matter is a nonprofit organization that brings high-achieving and motivated high school students from low-income families together with dedicated mentors to achieve academic excellence and expand educational horizons.

Minds Matter was established in 1991 by six Wall Street professionals to mentor high-achieving, low-income high school students who had the potential and ambition to pursue college education but who lacked the resources to achieve their dreams. Each student is matched with two mentors with whom he/she meets weekly during the school year for four-hour mentoring sessions. The unique curriculum focuses on writing and critical thinking, public speaking, debate and preparation for the PSAT exam.

Visit [mindsmatter.org](http://mindsmatter.org) to learn more or call PGE's Melissa Swenson, 503-464-7564, a current volunteer for Minds Matter.



For information about the PGE Volunteer Power Tool or volunteer opportunities, OR to order a Volunteer Power T-shirt, contact Terry Clelen, 503-464-2428.

