



## January – February 2011

Sign up to volunteer for all of these volunteer events and more on PGE Volunteer Power Tool at [EasyMatch.com/PGEVP](http://EasyMatch.com/PGEVP).

### Be a Chill Seeker and Take the Chill Out – Jan. 8

Help our customers stay warm this winter by weatherizing drafty windows and doors for income-eligible seniors and people with disabilities with Community Energy Project. These weatherization projects provide rare opportunities for volunteers to help our customers, face to face, in a very hands-on, rewarding way.

No special skills are required and training is provided at 9 a.m. for first-time volunteers. Volunteers will be divided into teams and leave for houses at about 9:45 a.m. where experienced crew leaders will be on hand to direct each project.

Register to volunteer on the Volunteer Power Tool by Jan. 3 and plan to arrive at CEP in North Portland by 9 a.m. for training. Experienced Chill Seekers can arrive at 9:30 a.m.

### Plant Trees with Friends of Trees – Jan. 15 & 29

Help Friends of Trees restore our urban canopy by helping plant thousands of trees throughout the Portland area. Volunteers of all ages are welcome to take part in these neighborhood tree plantings Jan. 15 in Lents/Powelhurst/Gilbert in Southeast Portland and Jan. 29 in Arbor Lodge/Overlook neighborhood in North Portland.

Both projects begin at 9 a.m. and end at approximately 1 p.m. All tools and training are provided and no previous planting experience is necessary. This is a great family activity that literally lasts a lifetime. Please wear your PGE Volunteer Power T-shirt, sturdy shoes or boots, and appropriate attire (rain gear and warm layers).

Mark your calendar for these additional PGE-sponsored plantings:

- Feb. 19** Greenspace planting — Gresham
- March 5** Montavilla/Mt. Tabor — Southeast Portland

### Oregon Food Bank Portland – Jan. 13 & Feb. 3

Enjoy an evening of fun, rewarding work 6 to 8:30 p.m. at Oregon Food Bank. PGE volunteers have contributed hundreds of hours at the food bank in the past few years and have, quite literally, put tons of food on the table of thousands of Oregonians. OFB has a job for everyone over the age of 6 and for every ability.



### Support your local Food Bank

Oregon Food Bank distributed approximately 72 million pounds of food last year. You can help restock its shelves by purchasing a few extra items during PGE's Food Drive, which runs Jan. 3 through Jan. 31.

- Collection boxes or barrels will be located at:
- 1WTC - 3<sup>rd</sup>, 6<sup>th</sup>, 13<sup>th</sup>, 17<sup>th</sup> floors (OFB)
  - 3WTC - elevator lobby (OFB)
  - Beaver (Turning Point)
  - BLC (OFB)
  - Boardman
  - Coyote Springs (Irrigon-Boardman Emergency Assistance Center)
  - Faraday (Estacada Food Bank),
  - FMMC (Tualatin Food Bank)
  - Hawthorne (OFB)
  - Oregon City (HOPE)

## Who mentored you?

Most people can point to that influential adult in their lives who helped them become successful. Whether it's a family member, friend or teacher, most people can identify those people who cared about them enough to offer support at critical stages in their lives.



We ask you to consider being that person for a child. Many children aren't born with natural mentors, but there are nearly 100 programs in the state of Oregon that match these youth with caring volunteers.

Sign up today because January is National Mentoring Month! Experts say that spending quality time with a young person enhances a child's self-esteem and instills a sense of hope for the future. Mentoring has been also shown to improve school performance and reduce illicit drug use, underage drinking and violence among young people.

Nearly 150,000 kids in Oregon still need mentors, so you are needed now more than ever before. PGE helped found Oregon Mentors, the statewide partnership for youth mentoring programs that matches interested volunteers with quality mentoring programs across Oregon. Visit [oregonmentors.org/programs/search/](http://oregonmentors.org/programs/search/) to complete a quick survey to find a program that's right for you or give them a call at (503) 517-8990 so they can assist you.

## Record your 2010 volunteer hours on the Volunteer Power Tool and be entered to win!

Just for recording your hours for 2010, you'll be eligible to win one of five \$25 gift cards to the company store! Winners will be drawn 5 p.m. **Monday, Jan. 10!**



Here's how:

1. Log on to the Volunteer Power Tool from the PGE Web or from home at [easymatch.com/pgevp](http://easymatch.com/pgevp) using your Employee Giving Campaign password.
2. Click on **Record my individual hours.**
3. Select or search for your organization.
4. Follow the simple steps to record your community service hours for Q4 or all of 2010!

- Pelton
- Port Westward
- Salem Line (Marion-Polk Food Share)
- TCC
- WLC (Wilsonville Food Bank)

All non-perishable food items are appreciated.

Most desired items:

- canned meats (tuna, chicken, salmon, etc.)
- canned and boxed meals (soup, chili, stew, macaroni and cheese, etc.)
- peanut butter
- canned beans and peas
- pasta, rice, cereal
- powdered milk



For information about the PGE Volunteer Power Tool or volunteer opportunities, contact **Terry Clelen**, 503-464-2428.

If you need a Volunteer Power T-shirt, contact **Paige Haxton**, 503-464-7618.