



September-October 2010

Sign up to volunteer for all of these volunteer events and more on PGE's Volunteer Power Tool at easymatch.com/pgevp/

Support OPB's Fall Membership Drive — Sept. 9

Be on television as you answer phones for OPB's fall pledge drive! Volunteers arrive at 7:10 p.m. for thorough training and then enjoy an interesting and rewarding evening taking pledge calls during the "Oregon Experience: Pendleton Roundup" and a show featuring violinist David Garrett. The project wraps up by 11:15 p.m. and is fun, easy and fulfilling. Only eight volunteers are needed, so sign up early!

March in the Beaverton Parade — Sept. 18

This annual parade will celebrate the City of Beaverton's 53rd anniversary and *you* can be part of the fun! PGE volunteers are needed to carry PGE's banner, drive our Plug-in hybrid Prius and wear EV charging station costumes in this two-mile, hour-long parade on Saturday, Sept. 18. Volunteers will meet at 9:15 a.m. for the 10 a.m. parade! Wear your PGE Volunteer Power T-shirt and sturdy walking shoes and prepare to walk, wave and toss candy to the crowd during this annual fun-filled, community parade.

Join SOLV Beach & Riverside Cleanup — Sept. 25

Join PGE's officers and your co-workers for this annual family-friendly cleanup event at Fort Stevens State Park on the Oregon Coast, near Astoria. A variety of tasks are available for volunteers of all ages and abilities, so come enjoy the coast and help keep our coastline and western-most Columbia River beaches clean and pristine!

PGE will provide a delicious clam chowder or vegetarian chili lunch and prize drawings galore following the cleanup. Remember: Your family and friends are always welcome! Registration begins at 8:30 a.m. with a safety briefing and group photo at 8:55 a.m.

Pack & Stack at Oregon Food Bank — Sept. 30, Oct. 19

Enjoy an evening of rewarding work and camaraderie between 6:30 and 8:30 p.m. at Oregon Food Bank. PGE volunteers have demonstrated their commitment to OFB and continue to support the fight against hunger and its root causes through their volunteer spirit. This is an exceptional volunteer experience for every age and ability. Only 30 volunteers are needed, so sign up soon!



A family affair at Multnomah parade

The 2010 Multnomah Days Parade on Saturday, Aug. 21, was truly a family affair this year, with 13 participants from just three PGE families carrying our banner, driving our plug-in hybrid Prius, sporting charging station costumes and tossing candy to the crowd.

This annual parade is short, sweet and one of Southwest Portland's favorites.

"I love this parade. It's always so much fun," says Barb Schwartz, WTC Leasing & Administration. "I look forward to it every year."

Missed Multnomah Days? Consider participating in Beaverton's Celebration Parade, Sept. 18!

Consider joining these upcoming PGE-sponsored walks for health in the Portland area:

Sept. 26 — Walk to Defeat ALS with Jim Lobdell

Every 90 minutes a person in this country is diagnosed with ALS (Lou Gehrig's Disease), a progressive neurodegenerative disease that affects nerve cells in the brain and the spinal cord. And every 90 minutes another person will lose his or her life to ALS. Funds raised through the Walk to Defeat ALS support patient service programs and cutting-edge research. Join Jim Lobdell, PGE vice president of Power Operations & Resource Strategy, as he leads the PGE Power Walkers in the Walk to Defeat ALS, Sunday, Sept. 26. Go to <http://web.alsa.org/goto/PowerWalkers> to join Jim's team or make a donation to the PGE Power Walkers' team. Check in begins at 11 a.m. for this 3-mile, non-competitive walk in Willamette Park in Southwest Portland; the walk starts at noon.

Oct. 3: Walk to Cure Diabetes with Bruce Carpenter

Join Bruce Carpenter, vice president, Distribution Services, and the PGE Power Walkers as they Walk to Cure Diabetes for Juvenile Diabetes Research Foundation at Oaks Park on Sunday, Oct. 3. Registration begins at 9 a.m., and the walk starts at 11 a.m. with food and fun before and following the walk. Join the PGE Power Walkers at www.jdrf.org/oregon, or if you want to volunteer at the PGE Kids Corner tent, sign up on the Volunteer Power Tool. The Kids Corner has all sorts of arts and crafts for the kids at the walk, so if you're feeling creative, this volunteer activity is for you!

Consider joining these employee-led walks:

Sept. 26: Sole Support for Parkinson's with FMMC employee Karen Greget

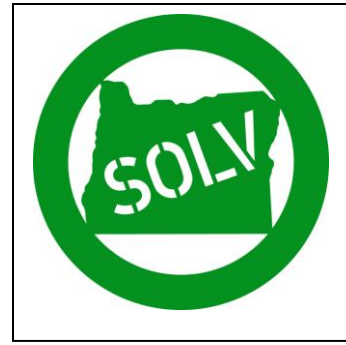
Sign up to volunteer for Sole Support for Parkinson's, a 1k or 5k walk at Willamette Park to raise awareness and funds to support local patients and families impacted by Parkinson's Disease. You can volunteer to help with the walk between 9:30 a.m. and 3 p.m. or join Karen's PGE team by registering at www.solesupport.org.

Oct. 3: Cascade AIDSWalk with Patrick's PaceSetters

The 24th Annual AIDSWalk Portland, a 2.5 mile walk raises critical funds for HIV/AIDS prevention, education, advocacy and support services throughout the Portland Metropolitan area. Please join Patrick's PaceSetters or form your own team at www.cascadeaids.org. Check-in for the walk begins at 9 a.m. at Pioneer Courthouse square for the 10 a.m. dog-, stroller- and wheelchair-friendly walk.

Oct. 19: Race for the Cure anyone?

If you or someone you know is forming a PGE team for Race for the Cure, please post it on the PGE Volunteer Power Tool.



Get in on the giving: Sign up for the SOLV Beach and Riverside Cleanup

For the first time ever, the SOLV Beach and Riverside Cleanup takes place during our annual Employee Giving Campaign (Sept. 20 – Oct. 8).

To celebrate, Dave Robertson, vice president of Public Policy and SOLV board chair, will donate \$5 to SOLV for every employee, retiree and each of their friends and family members who sign up and volunteer for the SOLV Fall Beach Clean Up.

And if you sign up by 5 p.m., Friday, Sept. 17, you'll be entered to win an overnight stay for two at the Holiday Inn Express in Astoria on Friday, Sept. 24!

For information about the PGE Volunteer Power Tool or volunteer opportunities, contact [Terry Clelen](mailto:Terry.Clelen@pge.com), 503-464-2428.

If you need a volunteer Power T-shirt, contact [Paige Haxton](mailto:Paige.Haxton@pge.com), at 503-464-7618.